

**From:** [Mary Budke](#)  
**To:** [Shelley Jefferson](#)  
**Cc:** [Charlie Bush](#)  
**Subject:** RE: Please forward to all staff  
**Date:** Tuesday, April 14, 2020 7:52:58 AM

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Shelley – You are a blessing. Thank you for stepping up to prepare and serve “Drop n’ Go” soup at Elk Creek, Mt. View and SeaBreeze Apartments. Let’s talk about kitchen schedules, etc. when you have a spare moment!

Thanks again – you are the Sunshine of the day!



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**From:** Shelley Jefferson <[sjefferson@sequimschools.org](mailto:sjefferson@sequimschools.org)>  
**Sent:** Monday, April 13, 2020 7:13 PM  
**To:** Rebecca Stanton <[rstanton@sequimschools.org](mailto:rstanton@sequimschools.org)>; Donna Hudson <[dHUDSON@sequimschools.org](mailto:dHUDSON@sequimschools.org)>; Mark Willis <[mwillis@sequimschools.org](mailto:mwillis@sequimschools.org)>; Mark Harris <[mharris@sequimschools.org](mailto:mharris@sequimschools.org)>; Shawn Langston <[shawnl@sequimschools.org](mailto:shawnl@sequimschools.org)>; Vince Riccobene <[vriccobene@sequimschools.org](mailto:vriccobene@sequimschools.org)>  
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**Subject:** Please forward to all staff

Hello Everyone!

I hope that everyone is doing well and have been able to enjoy this glorious Spring weather! I wanted to take a few minutes and update you all on volunteer opportunities and the soup kitchen.

As of this time this week we do not currently have any volunteer opportunities available. This is subject to change and if some positions should come open I will send out a Bringit right away.

The Soup Kitchen is very close to being started. We have permission to use the Boys & Girls Club kitchen which is already certified by the Clallam County Health Department (Thank you Mary!). Thank you Andra from the Sequim Food Bank for encouraging the project to move forward and also for offering to support the Soup Kitchen with ingredients for the soups and bread. I conferenced with Jessica Pankey from the Health Department (thank you for your support!) last week who gave the go-ahead on the plan. With her input and guidance this is what is in process:

- Anyone who is going to be helping with preparing food must have a Food Handler's permit. You can get one online by going to [http://www.clallam.net/HHS/EnvironmentalHealth/food\\_workercards.html](http://www.clallam.net/HHS/EnvironmentalHealth/food_workercards.html) and clicking on Food Worker Class now offered Online! Then choose your language and start the course. You will create a profile and go through the course and take the test at the end. It took me a little over 30 minutes to complete it all. Then, you pay the \$10 fee and your card is able to be saved and/or printed. The card is good for 2 years anywhere in the state of Washington.
- We are collecting gallon sized Ziplock Bags for storing and serving meals. We have been advised not to use reusable containers because of health concerns. Every family served will be getting two bags- one with bread and one filled with soup. (If 20 families participate for one night that equals 40 bags. We are hoping to serve many more!) Thank you to the Helen Haller PTO for supporting the Soup Kitchen with the donation of around 1800 Ziploc bags to get us started- that is 900 meals that will be able to be served!
- All residents at the apartments are eligible to participate in the Soup Kitchen. There is no requirement to have a student in the Sequim School District in order to get food.
- Food will be prepared one day and delivered the next. We must get the food cooled below 41 degrees F before it can be put into bags for delivery. All food will be delivered cold and will need to be reheated by families when it is delivered.
- Food will be dropped off on doorsteps of participating residents and there will be no close contact with volunteers.

Here are the menu ideas I have submitted to the Food Bank and the Health Department. Once approved an official menu calendar will be created.

Meal #1-

Chili (red beans, kidney beans, black beans, diced tomatoes, spices, and ground beef)

Bread

Meal #2

Vegetable beef soup (various veggies, beef, spices)

Bread

Meal #3

Split pea soup (split peas, ham or bacon, carrots, spices, onions)

Bread

Meal #4

White chicken chili (beans, onions, corn, chicken, spices)

Bread

Meal #5

Chicken and rice soup (chicken, rice, veggies, spices)

Bread

Meal #6

Loaded baked potato soup (potatoes, bacon, cream cheese, cheddar cheese, onions, spices)

Bread

Meal #7

Lentil Soup (lentils, ham or bacon, veggies, spices)

Bread

Meal #8

Taco Soup (ground beef, onion, diced tomatoes, corn, black beans, pinto or great northern beans, spices)

Bread

Meal #9

Chicken Noodle Soup (Chicken, pasta, veggies, spices)

Bread

Meal #10

Beef Barley Lentil Soup (beef, barley, lentils, veggies, spices)

Bread

- All cooking must be done at an approved donor kitchen. The B & G Club is already approved. I understand that there may be churches and other civic organizations that may want to participate. Please have them contact me prior to them starting to help so we can make sure that they are approved by the Health Department and that the necessary steps are taken with Food Handler's Cards and proper preparation.
- I am currently working on a way to allow residents to "opt in" for the soup kitchen and allow us to learn about potential food allergies.
- The original plan was to do one apartment complex one night a week. The project is starting to gain lots of momentum and attention, so we may be able to serve each apartment complex more than one night a week. Wouldn't that be great?!?!?
- This project is coming under the umbrella of the Sequim Food Bank. There are a couple of logistical things that are being ironed out and once that is done we are ready to go. It is my sincere wish to get this up and running for next week as I am gravely concerned about our families that were already struggling prior to this whole virus thing.
- At this time there is no end date for this project. We will keep it running as long as families need it, and as long as we are able to. Many hands make light work, so I welcome anyone who would like to volunteer and/or donate. I will be creating Bringits as soon as we are ready to go.

Thank you all so much for your support and kindness as we work together to help some of our most at risk families through this difficult time. If you have any questions, concerns, or ideas, I would love to have you contact me.

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